



Virtual  
Holiday Gifts

From Thrive  
to You

## Read

- The Lovesongs of W.E.B. DuBois It's an amazing novel that weaves together stories across generations. Not only beautifully written and powerful but the reminder we all need of how interdependent we are. (Jen)
- Ezra's Invisible Backpack Written by my friend and colleague, Dina Rock, this book gives us simple language to have real, empathetic, and sometimes life-changing conversations about the "bricks" we all carry. (Jen)
- Reading next: Ways of Being by James Bridle (Jen)
- The Peacemaker's Code by Deepak Malhotra is a great fiction book that uses the backdrop of an unknown alien civilization suddenly becoming interested in Earth, to explore the way we humans can overcome deep divisions. Malhotra is a Harvard professor on negotiation, and frequently consults governments on finding peaceful outcomes. His strategies and insights are woven throughout the book. (Evan)
- How to find joy in the joy of others: The Opposite of Schadenfreude Is Freudenfreude. Here's How to Cultivate It. (Jack)
- Great piece on How to Create Mattering at Work - link? (Jack)

## Music

- Maybe it was the Beatles documentary, "Get Back", but I found myself listening to the Beatles with more appreciation. The newly remastered version of Revolver was released this year. The originals sound great. But the outtakes that show how they create great music together are really amazing to hear. (Evan)
- Slate's best jazz albums 2022 - Bill Evan's Inner Spirit (Jack)

## Watch

- Stutz on Netflix, a documentary by Jonah Hill about his therapist and author of The Tools, Phil Stutz. It's a wonderful, warm look at Jonah's relationship with this therapist, but also bring a notebook because there are amazing tools that apply to all of us trying to live life these days. (Jen)
- The Big Brunch, a cooking competition on HBO Max My wife and I enjoy cooking competitions, but we loved this one because it combines the best of all of them. Created and hosted by Dan Levy (Schitt's Creek), it's a warm and funny show that focuses on the best meal of the day...BRUNCH. It celebrates a very diverse set of chefs, and it's great to see how they support each other. (Evan)
- I am a slow reader. Thankfully, I found a YouTube channel, "Productivity Game" that summarizes business and self-help books in visual ways that help me get the general principles of a book. If I want to dive in further, I'll know what to look for in the full version of the book. (Evan)

## Listen

- Adam Grant's Re:Think podcast episode on goal setting with Emmanuel Acho. I've followed both of them for a while and loved the perspective on how goals can be limiting and unhelpful and other ways to approach progress and achievement. (Jen)
- The Josh Bersin Company podcast consistently provides valuable insights, trends, and opinions on the world of Talent, HR, and Technology. Josh's company is closely connected to organizations across industries and has a great way of sharing what's impacting the latest trends, and what new practices and tech are shaping the next landscape. (Evan)

## Recipes & Food

- Old-fashioned butterscotch pudding hits all the marks this year, creamy and caramelly, sweet and comforting. Plus you can make it ahead of time if you have company coming over. (Jen)
- The dutch oven whole roast chicken We started making this once the weather turned cold and damp. It fills the house with great smells and produces meals for days. (Evan)
- New York Times Mark Bittman's No-Knead Bread Recipe No-Knead Bread (Jack)

## Small Businesses

- Cleveland Tea Revival is a beautiful neighborhood teashop with some of the most delicious teas we've ever tasted, and our team drinks a lot of tea. Favorites are sweet roots, ginger turmeric, and orange blossom green. They have a beautiful online store too.
- City Goods is one of our favorite new small business spaces. It's a brilliant collection and collaboration of 24 makers. Really worth a trip over to Cleveland's Hingetown neighborhood for any of your last-minute holiday shopping.
- Free Period Press is often on our list for its beautiful products that support living life with intention and creativity.